

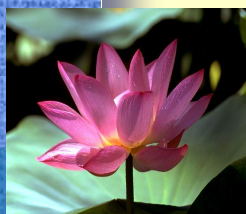
*Virtual Reality and Communication Ethics: International Conference  
Applied Ethics Colloquium 2002,  
University of Illinois, 31 Oct. – 2 Nov., 2002*

# **An Introduction to Buddhist Ethics**



**Professor Ching-chun Hsieh**  
*Director, Program office*  
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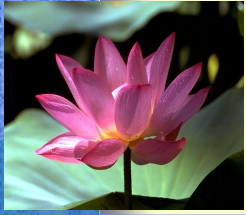




# 什麼是佛教？

諸惡莫作，  
諸善奉行；  
自淨其意，  
是為佛教。

- ◆ 據此，佛教就是道德倫理的教化。
- ◆ 何為善？何為惡？

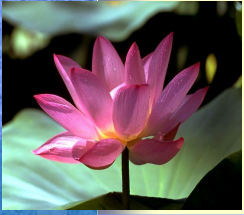


# A Principle for healthy mind

*Those things that can not leads to a peaceful, calm, tranquil, serene, placid, balanced and enlightened mind are “evil”.*

There are many mental status which are considered “normal” by western psychologists, such as emotions, are considered “unhealthy” to mind/heart by Buddhists.

*Daniel Goleman, Ph.D.  
In the Chinese translation version of  
“Mind Science” An East –West Dialogue,  
1995, p.150*

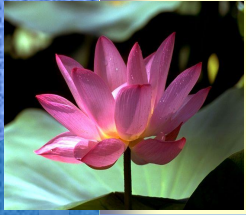


## ***Some Basic ideas of Buddhism***

- ◆ **Buddhist believes it is the mind/heart that controls people's behavior.**

So, mind training is an important practice of Buddhism.
- ◆ **Buddhism is the way to show/teach people to be “good”.**
- ◆ **The ultimate “good” people is Buddha.**

Buddha is completely enlightened.  
Any people can become a Buddha if he/she keeps on practicing Buddhism.



## ***Some Basic ideas of Buddhism***

- ◆ According to Buddhism, there are 51 observable mental status of human mind. About half of them are “no good”. Among them, there are three “bad” roots or kernels. The three bad roots are:

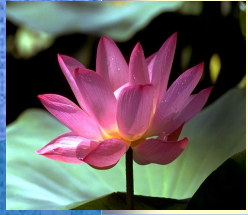
貪 *Greedy, selfish...*

嗔 *Anger, bad temple...*

癡 *Idiotic...*

➤ Including not knowing what one should know

- ◆ These three bad roots are the major fundamental causes that leads to bad behaviors.



# 律 *Vinaya*

- ◆ The purpose of *Vinaya* is to know afflictive emotions and then, to be able to control or eliminate afflictive emotions.





# 傳統的律

## ◆ 兩種律

### 聲聞律儀

- 南傳佛教之律

### 菩薩律儀

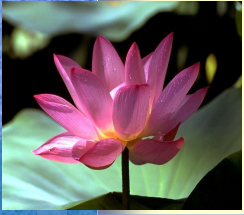
- 聲聞律儀含攝在菩薩律儀中
- 大乘之律
  - 含蘊更廣，更具彈性。



# 聲聞律儀

- ◆ The Original Ethical Rules in Buddhism
- ◆ Various Codes of Conduct:
  - 3(三皈)、5(五戒)、8(八戒) rules
    - For believers at home
  - 10(十戒)、6(六法)、250(比丘戒)、500(比丘尼戒) rules
    - For monks and nuns





# 基本律

- ◆ 皈依：*Refuge, a ritual that a person to be converted to Buddhism*

Believe in the three Jewels:

➤ *Buddha, Dharma, and Monk(teacher)*

- ◆ 5 forbidden things 五戒

No killing

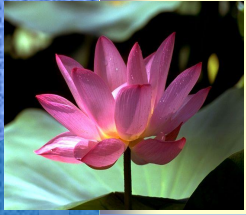
No theft

No sex or no illegal sex

No lies

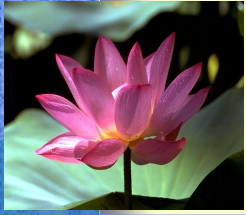
No wine





## 菩薩律儀

- ◆ For all sentient beings
- ◆ According to “ 梵網六十二見經 ” , there are 10 major rules and 48 general rules. Other sutras may show some variations compared with that of 梵網六十二見經.
- ◆ In general, all the rules can be classified into three categories:
  - Forbidden ones.....stop doing “evil”*
  - Virtuous ones.....practicing “Good”*
  - Benevolent ones for all sentient beings.....help all sentient beings*



# 十善道

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◆ ***Body:***

***No killing***

***No theft***

***No sex (no illegal sex for believers at home)***

◆ ***Language:***

***No Lies***

***No provoking***

***No scorn, no malicious words***

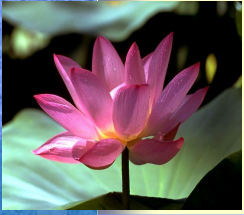
***No flattery***

◆ ***Mind:***

***No Greedy, no selfish...***

***No Anger, no bad temple...***

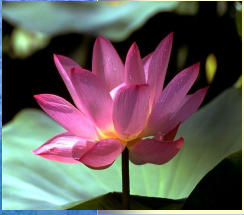
***Not to be Idiotic...***



# 十善道

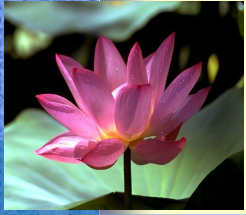
- ◆ **十善道** *has become a common set of rules for all branches of 大乘 Buddhism parties developed in China, Japan, Tibet..., respectively.*





# 八正道

- ◆ 正見 Right knowledge, right vision
- ◆ 正思惟 Right will
- ◆ 正語 Right way of speaking
- ◆ 正業 Right actions
- ◆ 正命 Right ways of living
- ◆ 正精進 Right diligent
- ◆ 正念 Right way of thinking
- ◆ 正定 Right



# 6 ways to bodhi-satta

◆ 布施

財施、法施、無畏施

◆ 持戒

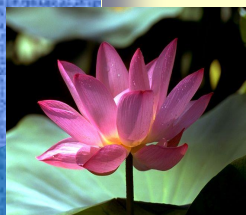
◆ 忍辱

◆ 精進

◆ 禪定

◆ 般若

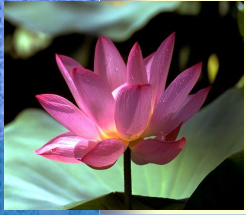




## 三法印

- ◆ 諸行無常
- ◆ 諸法無我
- ◆ 涅槃寂靜

等三項根本佛法原則



# Concluding Remarks

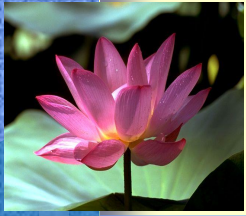
- ◆ **Buddhist believes it is the mind/heart of a people that controls his/her behavior.**

So, mind training or meditation become an important practice of Buddhism.

- ◆ **All the documents of Buddhism is somehow relevant to Buddhist Ethics. Because *the only simple goal* of Buddhism is to show/teach a person to become a Buddha, an completely enlightened person.**







***Thank you !***

